

Craig Bounds



26th March 2010
At
Lampeter Rugby Club

7:30 p.m.

Craig Bounds will speak about his riding career and being the first Welshman to finish the Dakar.

Tickets will be £5 with all proceeds going to the Air Ambulance. Tickets will be limited and can be purchased in advance by contacting either club.

www.ddbc.org.uk www.admcc.co.uk

Tel:-07866508004 6pm-9pm

A presentation of the Ceredigion Enduro Championship Trophies for 2009 will also take place



AMBIWLANS AWYR CYMRU
WALES AIR AMBULANCE

